THINKING ABOUT AN IUD FOR BIRTH CONTROL?!?

WHAT ABOUT RIGHT AFTER YOU HAVE YOUR BABY?

You may be eligible to participate in a UNM Health Sciences Center Study!

**Postplacental IUD insertion:**

*A mixed methods assessment of women’s experience*

Shannon Carr, MD and Rameet Singh, MD MPH

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**What is the study about?**

This study is being done to help us understand how women experience having an IUD placed right after vaginal birth.

Your valuable input is a first step towards:

- Helping us to provide this service in the future in the most satisfactory and least painful way.
- Teaching us to better counsel women about the procedure.

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**You may be able to participate if:**

- You interested in having an IUD placed after vaginal delivery.
- You are age 18 or older
- You speak English or Spanish
- Your provider tells you that you are able to safely use an IUD.
What will happen if I participate?

If you agree to be in this study, you will be asked to read and sign a Consent Form. After you sign the Consent Form, the following things will happen:

- We will ask you some questions about yourself to help us understand who is participating in our study. When you come to UNMH Labor & Delivery to have your baby, we will identify that you are in this study, and that you wish to continue to participate.

- After your placenta comes out, we will ask you to rate your pain level on 2 different pain scales. The IUD will be inserted using a standard method that has been shown to be safe and effective. Within 5 minutes of IUD placement, we will ask you to rate your pain level again on the same 2 pain scales.

- Before you are discharged from the hospital, Dr. Carr or one of her associates will spend some time with you and will ask you some questions about your IUD insertion experience, as well as some questions about birth control in general. The interview will take 20-30 minutes and will be recorded. You medical chart will be reviewed, as needed, for basic health and pregnancy information.

What are the risks or benefits to participating?

Every effort will be made to protect the personal information you provide. There is a small risk that your name will be identified with study data (for example, your pain scores or interview) that could cause you distress for whatever reason. Also, being a part of the study may be considered inconvenient by some women. There is no direct benefit to being in this study.

- You will be eligible to receive merchandise cards for the inconvenience of participating in the study:
  - $20 after pain scale scoring
  - $30 after the interview

If you are interested in this study, please ask your provider or contact one of our Research Coordinators- **Michelle or Chloe**

Phone #: (505) 205-4118 or
(505) 272-9703

Email:
mchungtuyco@salud.unm.edu

Thank you!