If you are interested in this study, please ask your provider or contact a Research Coordinator.

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Brain-Centered Therapy versus Medication in Urgency Urinary Incontinence
A Randomized Control Trial
Hypnotherapy Or Pharmacotherapy (Hyp-hOP)

Don’t forget to sign up to participate in Future Studies

Department of Obstetrics and Gynecology
Division of Urogynecology

HRPO # 09-314
Version: 05/09/2013
What is the study about?

This study compares two treatments for urgency urinary incontinence – Hypnotherapy and Pharmacotherapy.

- Pharmacotherapy is the standard of treatment for urgency urinary incontinence.
- Pharmacotherapy treatments involve taking medications to treat urge urinary incontinence symptoms.
- Studies have shown that women with urgency urinary incontinence may see improvement in their symptoms with hypnotherapy.
- A second part in this study involves fMRI (functional magnetic resonance imaging) and completion of fMRI tasks. Ask your provider or the research coordinator if you are interested in hearing more about this part of the study.

How long will I participate in the study and will I be paid?

- You can receive up to $235 to partially cover your personal time and the cost of transportation over the course of the study to complete questionnaires and study related procedures.
- Depending upon which treatment you are randomized to you will either receive free medication or free hypnotherapy sessions.
- If you participate in the fMRI portion of the study you will be compensated an additional $450 ($200 for Baseline fMRI and $250 for 2-month fMRI).
- Controls will be compensated $275 ($50 for Baseline visit and $225 for Baseline fMRI).

You can participate if:

- You have Urgency Urinary Incontinence greater than or equal to 1-2 urge urinary incontinence episodes over 3 days
- You are 18 or older
- You are able to attend study related appointments and complete study related questionnaires and procedures
  *You must have reliable contact information.
- You are not pregnant and do not plan on becoming pregnant in the next year
- You are not currently taking or have not taken medications to treat urge incontinence in the last 3 weeks

You cannot participate if:

- You have a history of significant neurologic disease
- You have an Interstim® unit or have received bladder botox injections within the last 12 months
- You have an allergy to certain medications
- You have an untreated urinary tract infection (UTI)
- You have urinary retention
- You have pelvic organ prolapse
- You are currently participating in any other interventional research study

If you are interested in the fMRI portion of the study ask your provider or the research coordinator about the eligibility criteria.

If you are a control (participant without urgency urinary incontinence), please talk to your provider or the research coordinator about participating in the study.