If you are interested in this study, please ask your provider or contact a Research Coordinator.

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Don't forget to sign up to participate in Future Studies

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What is the study about?
The goal of this study is to evaluate the effect of combined midurethral sling surgery (MUS) and peri-operative behavioral/pelvic floor therapy compared to surgery alone for women who choose surgical treatment for their Mixed Urinary Incontinence symptoms.

Women will be randomized to having the surgery procedure alone, or to having the addition of peri-operative Behavioral/Pelvic floor therapy (BPTx) to their treatment.

You can participate if:
- You have both Stress Urinary Incontinence (SUI) and Urge Urinary Incontinence (UUI) more than once every 3 days
- You have had your urinary symptoms for 3 or more months
- You desire surgical treatment for your SUI symptoms
- You are able to attend study related appointments and complete study related questionnaires and procedures

*You must have reliable contact information.

You cannot participate if:
- You have a bothersome uterine or vaginal bulge (prolapse)
- You are pregnant, within 12 months post-partum, or have plans for future pregnancy
- You are having a hysterectomy
- You have any pelvic organ malignancy
- You have history of bladder pain or chronic pelvic pain
- You have had prior sling surgery, synthetic mesh for prolapse, or implanted nerve stimulator for incontinence
- You are currently participating in any other interventional research study

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