

Reproductive Health

TeleECHO Clinic

Reproductive Health TeleECHO seeks to address reproductive health in the state of New Mexico and disseminate best practices to healthcare providers around the state. These clinics provide information on a wide range of reproductive health topics within the community.

Project ECHO (Extension for Community Healthcare Outcomes) is a collaborative model of medical education and care management that empowers clinicians everywhere to provide better care to more people, right where they live.

Reproductive Health TeleECHO Clinic will provide collaborative feedback and recommendations for cases presented, present evidence based reproductive health education through didactic presentations and case-

Who Is Eligible to Participate in the Reproductive Health TeleECHO Curriculum?

All health care providers who work with reproductive health including nurse practitioners, physicians assistants, nurse midwives, physicians, other independently licensed providers and clinic support staff may participate in this curriculum.

No Cost CMEs and CEUs are offered!

Curriculum Topics

Each week a reproductive health or family planning topic will be presented and case examples will be introduced by an ECHO participant. Topics include:

- Intrauterine Devices
- Subdermal Implants
- Hormonal Contraception Methods
- Contraception for Adolescents
- Other Contraceptive Methods Including:
 - Permanent Contraception
 - Barrier Methods



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Curriculum 2017

January 23, 2017—June 26 2017

How to Register

To register please contact: reproductivehealthecho@salud.unm.edu.

Meet the Reproductive Health TeleECHO Clinic Provider Team



Rameet Singh, MD MPH



Eve Espey, MD MPH



Brenda Pereda, MD MS



Lisa Hofler, MD MPH MBA

Reproductive Health ECHO Clinic Curriculum 2017 Schedule

Clinics Held from 12-1PM MST

Intrauterine Devices

- Jan 23 *Introduction to Intrauterine Devices—Types, candidates, and timing of insertion*
Dr. Singh
- Jan 30 *IUDs and Cervical/Vaginal Infections*
Dr. Singh
- Feb 6 *IUDs and pain of insertion - what you can do for your patient*
Dr. Espey
- Feb 13 *IUDs—Their bleeding profiles and what you can do*
Dr. Espey
- Feb 20 *Malposition IUDs—What should you do?*
Dr. Hofler
- Feb 27 *IUD—Missing Strings and Difficult removals*
Dr. Pereda
- Mar 6 *Pregnant with an IUD in Place*
Dr. Singh

Subdermal Implants

- Mar 13 *Introduction to the Implant—Candidates for insertion and timing*
Dr. Singh
- Mar 20 *Implant—Bleeding profiles and management*
Dr. Hofler
- Mar 27 *Implant—Bone health, weight gain and other side effects*
Dr. Espey
- Apr 3 *Malpositioned Implants—Evaluation and management*
Dr. Singh

Short Acting Hormonal Contraceptive Methods

- Apr 10 *Oral Contraceptive Pill—How to pick a pill, initiation and counseling*
Dr. Singh
- Apr 17 *Combined Hormonal Methods—Indications and contraindications*
Dr. Hofler
- Apr 24 *Managing Side Effects of Pills/Patch/Ring*
Dr. Singh
- May 1 *DMPA as Contraception*
Dr. Espey

Adolescents and Contraception & Emergency Contraception

- May 8 Cancelled for ACOG
- May 15 *Adolescents and Contraception*
Dr. Hofler
- May 22 *Emergency Contraception—everything you need to know about EC*

Other Contraception Methods Including Permanent, Barrier Methods, Natural Family Planning

- May 29 **Holiday No Meeting**
- Jun 5 *Female Permanent Contraception*
Dr. Singh
- Jun 12 *Male Contraception—what we need to know*
TBD
- Jun 19 *Contraception and Coercion*
Dr. Pereda and guest presenter Dr. Bhardwaj
- Jun 26 *Barrier Methods, Fertility Awareness based methods and the rest*
Dr. Pereda